

## Teleosis 3 Year Professional Program Curriculum Summary

During the first year all the basic elements of classical homeopathy through the live acute cases, including Case taking, Case write-up, Case analysis (totality, SRP/keynote, thematic), Repertory (using books &/or computer programs), Case Management, Prognostic Evaluation, and Potency/Posology. Homeopathic remedies are studied through core themes/indications, as well as basic kingdom (animal/plant/mineral), family, and acute disease differential groupings.

During years two and three the understanding of the basic elements learned in Year 1 will be expanded upon through both acute and chronic cases. Different styles of advanced Case-taking, Case analysis (essence, miasmatic, etc), Repertory, Case management and Potency/posology will be introduced and experienced. Different methodologies will be explored, including tautopathy, isopathy & organopathy. Modern viewpoints from teachers like Jan Scholten, Rajan Sankaran, Massimo Mangialavori, Tinus Smits and others will be included alongside our classical homeopathic masters so that students can develop a broad and flexible viewpoint, with the freedom to develop a case-taking, analysis and management style that works best for them as individuals.

Homeopathic remedies will be studied from various perspectives, including kingdoms (animal, plant, mineral, nosodes, sarcodes, imponderables), family groupings, miasms (traditional & modern), toxicology studies, traditional medicine and folk uses, symbolism & mythology, chronic disease differentials. There will also be direct experience of substances through meditation immersions & provings.

Through these methods of learning via direct experience with clients, students develop a flexible and comprehensive working knowledge of both the philosophical components and remedies within homeopathy, which leads to confident and successful homeopathic healers.

### Year One:

#### **PH101 Homeopathic Philosophy, History & Ethics.....25 hours**

This subject is built around a sequential reading of Hahnemann's *Organon* and Kent's *Lectures of Homeopathic Philosophy* in order to expose students to the historical roots of homeopathy, the original thinking of the founder of homeopathy, as well as the basic philosophical tenets that define the practice of homeopathy. They will explore ethical issues related to healthy attitudes and skills of effective healers. In addition to the readings, students will be expected to define passages in each text that resonate powerfully with them for discussion.

#### **RS101 Homeopathic Research.....10 hours**

This subject will be explored through the methodology and experience of homeopathic provings. Students will take part in a homeopathic proving as part of this class.

#### **CT101 Case Taking & Write-up.....10 hours**

This first year focuses on developing a conceptual understanding of homeopath/client dynamics in light of various writings on case-taking and write-up. Classroom activities will provide students with ample opportunities to explore these skills in a safe environment. The proving interview and several acute case write-ups will be required by the end of this year.

#### **CA101 Case Analysis & Repertory Studies.....30 hours**

The first year of case analysis focuses on essence, totality and keynotes as discussed by Morrison and Vithoukias, and organization and use of Kent's Repertory. Through various types of acute cases students will be expected to become fluent with these 3 types of analysis this year.

#### **CM101 Case Management including Potency/Posology.....30 hours**

The object of the first year of case management is to guide the student from initial remedy recommendations through to the conclusion of the first follow up. Discussions will also include potency/posology, aggravations and antidotes.

**PE101 Prognostic Evaluation.....10 hours**

This first year focuses on becoming fluent with the basic language and assessment categories in prognostic evaluation, including assessment of the vital force, center of gravity of the case, sensitivity levels in relation to acute cases.

**MM101 Materia Medica.....25 hours**

The first year of this subject is focused on a basic understanding of approximately 40 of the most common acute and polycrest homeopathic remedies with an introduction to organization by the basic animal, plant and mineral kingdoms, family structure and development of basic signs and symptoms recognition. Cases will be used to facilitate learning and comprehension of basic remedy types in terms of essence, totality and keynote.

**HD101 Homeopathic Differentials.....20 hours**

The class familiarizes students with comparative remedy differentials indicated in first aid and acute diseases, as well as identification of “red flags” symptoms requiring referral to a physician or emergency room.

**Year Two:**

**PH201 Homeopathic Philosophy, History & Ethics.....25 hours**

Topics learned in Year one will be expanded upon this year, with the focus being to bridge traditional homeopathic thinking into a framework of contemporary holistic thought. Through close examination of various contemporary authors such as Vithoulkas, Whitmont and others, students will be encouraged to develop sound critical skills when approaching philosophy while broadening their understanding of the application of the core tenets. An introduction to the concept of miasms and overview of the five fundamental miasms will be undertaken, as well as ethical issues in practice including confidentiality/HIPPA, legal issues, and the managing of professional relationships.

**RS201 Homeopathic Research.....10 hours**

In this subject students will review current homeopathic research papers, primarily clinical trials, and conduct a critical analysis and assessment of their chosen research study.

**CT201 Case Taking & Write-up.....10 hours**

This second year focuses on two areas – evaluation and discussion of chronic case-taking and direct experience and feedback on personal cases. Both acute and chronic case write-ups will be required by the end of this year.

**CA201 Case Analysis & Repertory Studies.....30 hours**

Second year expands upon the learning in the first year by integrating the core analysis styles and repertory work into chronic cases, including characteristic symptoms, evaluative techniques, prioritization and miasmatic analysis.

**CM201 Case Management including Potency/Posology.....30 hours**

The second year of case management focuses on follow up and related issues. Areas of discussion include second remedy recommendations, obstacles in the case, and acute illness during chronic care.

**PE201 Prognostic Evaluation.....10 hours**

This second year focuses on expanding the assessment of the vital force, center of gravity of the case, sensitivity levels and personal and family history, in chronic cases.

**MM201 Materia Medica.....25 hours**

The 2nd year is largely devoted to developing a sound understanding of the 100 or so most commonly used remedies. Remedies will be taught from various perspectives, including kingdom and family groupings, miasms, toxicology studies, symbolism, mythology, direct experience through meditations and provings and chronic disease presentations.

**HD201 Homeopathic Differentials.....20 hours**

This class familiarizes students with comparative remedy differentials indicated in chronic diseases, including identification of common signs and symptoms, as well as “red flags” symptoms requiring referral to a physician or emergency room.

**Year Three:**

**PH301 Homeopathic Philosophy, History & Ethics.....25 hours**

Homeopathic philosophy and history will be explored as part of the greater complementary healthcare system in contemporary medicine. Topics to be discussed include client referral, critical evaluation of homeotherapeutics, integrative healthcare and practice ethics. Topics to be explored include practitioner health, continuing education, ethics and terminal clients, and ethics in contemporary practice.

**RS301 Homeopathic Research.....10 hours**

In this subject students will conduct their own survey of homeopathic practice patterns and develop skills to conduct their own research study. An independent project will be due by the end of this year.

**CT301 Case Taking & Write-up.....10 hours**

This third year focuses on developing full and complete acute and chronic case write-ups in a format approved by the Council for Homeopathic Certification to prepare students to submit cases to sit for their national certification exam after completion of this final year.

**CA301 Case Analysis & Repertory Studies.....30 hours**

This year will include discussion of contemporary analysis methods, including computer analysis, family analysis, situational analysis, and analysis of modern authors, such as Scholten, Sankaran, and others.

**CM301 Case Management including Potency/Posology.....30 hours**

The goal is to develop a mature understanding of the variety of issues involved with long term case management. Topics include chronic disease, terminal illness, management of different age populations, interactions with other healthcare providers and clinical audits.

**PE201 Prognostic Evaluation.....10 hours**

This third year focuses on the assessment of the vital force, center of gravity of the case, sensitivity levels and personal and family history, in a wide variety of both acute and chronic cases and developing proficient application of these assessments in the determining appropriate potency.

**MM301 Materia Medica.....25 hours**

The third year of this subject is focused on developing a working knowledge of a much broader range of homeopathic remedies. Remedies will be still be taught from the various perspectives included in year two with further organization by themes in order to facilitate integration of the large amount of remedies being studied, as well as advanced miasmatic indications expanding to more contemporary miasms.

**HD301 Homeopathic Differentials.....20 hours**

This class continues to familiarize students with comparative remedy differentials indicated in additional chronic diseases, including identification of common signs and symptoms, as well as “red flags” symptoms requiring referral to a physician or emergency room.